

August 25, 2010



International Pro Field Headlines Life Time Fitness Chicago Triathlon August 29

Marks Fourth Race in 2010 Life Time Fitness Triathlon Series Race to the Toyota Cup

CHICAGO--(BUSINESS WIRE)-- Life Time Fitness, Inc. ([NYSE: LTM](#)), today announced that defending [Life Time Fitness Chicago Triathlon](#) Champions, Sarah Haskins and Matt Reed, will join an international professional field to battle for this year's honors August 29 in Chicago. The event serves at the fourth leg of the [2010 Life Time Fitness Triathlon Series Race to the Toyota Cup](#).

Chicago wins in 2009 by both Haskins and Reed led them to earn the Life Time Fitness Triathlon Series Race to the Toyota Cup Champion status.

Fellow professionals scheduled to compete on Sunday include:

Men

- Ryan Borger (USA)
- Ethan Brown (USA)
- Kevin Collington (USA)
- Holden Comeau (USA)
- Cameron Dye (USA)
- Lars Finanger (USA)
- Mark Fretta (USA)
- Ryan Giuliano (USA)
- Stephen Hackett (USA)
- Jordan Jones (USA)
- Eric Limkemann (USA)
- Joe Maloy (USA)
- Filip Ospaly (CZE)
- Matt Reed (USA)
- Gregory Reznich (USA)
- Edelson Salles (BRA)
- Andrew Starykowicz (USA)
- Richard Swor (USA)
- David Thompson (USA)

Women

- Jenny Fletcher (USA)
- Jennifer Garrison (USA)
- Sarah Haskins (USA)
- Sara McLarty (USA)
- Jillian Petersen (USA)
- Jenna Shoemaker (USA)
- Susan Urbanczyk (USA)
- Vicki Wade (GBR)
- Nicole Voelkel (DOM)
- Laurel Wassner (USA)

-- Rebecca Wassner (USA)

Female and male division winners in Chicago each will take home \$10,000. Overall, the top female and male finishers will claim a portion of the total professional [cash purse](#). In addition to a cash prize, the top female and male finisher each will earn 10,000 points toward their pursuit of the coveted 2010 Life Time Fitness Triathlon Series Race to the Toyota Cup.

The Life Time Fitness Chicago Triathlon begins at Monroe Harbor. The bike course navigates along Lake Shore Drive between Randolph and Foster before returning back to the Randolph transition area. The event concludes with the run from Randolph Street proceeding north to the finish line on Columbus Drive, just south of Balbo in Grant Park.

2010 Life Time Fitness Triathlon Series Race to the Toyota Cup Update:

The 2010 Series Professional Division [cash purse](#) includes \$353,000 in individual race awards plus a \$68,000 Series Bonus purse. Additionally, the female and male professional Series champions each will receive a 2010 Toyota Prius at the Toyota U.S. Open Triathlon in Dallas.

In order to be eligible for the Series Bonus and Toyota Cup, Professional triathletes must start at least four of the six Series events, one of which must include the [Toyota U.S. Open Triathlon Championship in Dallas](#).

Currently, Rebecca Wassner leads the 2010 Life Time Fitness Triathlon Series Race to the Toyota Cup [professional women's standings](#), ahead of Nicole Kelleher (USA). Wassner's twin sister, Laurel, finished second at the New York event and finds herself in a three-way tie for third place in the point standings alongside Mary Beth Ellis (USA) and Sara McClarty (USA).

Within the [men's professional division](#), David Thompson (USA) assumed the lead in point standings with his second-place finish in New York. Filip Osplay (CZE), who was the Nautica New York City Triathlon Champion, now is tied with Matt Reed (USA) for second place in the men's point standings.

In addition to the professional division, the Life Time Fitness Triathlon Series provides elite and age-group participants with awards and opportunities to participate in the Series Championship in Dallas. Through three events, 18 elite men and women, and 18 age-group athletes qualified for awards.

2010 Life Time Fitness Chicago Triathlon Sponsors:

Life Time Fitness is proud to recognize the [2010 Life Time Fitness Chicago Triathlon sponsors](#):

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- Grace O'Malley's
- GU Energy Gel
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- J.R. Watkins
- K-Swiss
- LasikPlus
- Leslie Jordan
- McDonald's Owners of Chicagoland and Northwest Indiana
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- POM
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- Toyota, the presenting sponsor of the Life Time Fitness Triathlon Series Race to the Toyota Cup
- Triathlete Magazine
- TYR
- Village Cycle Center
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About Life Time Fitness, Inc.

Life Time Fitness, Inc. (NYSE: LTM) is a healthy way of life company based in Chanhassen, Minnesota. The Company is dedicated to providing programs and services that help its members connect and engage with their areas of interest, and achieve success with their health and fitness goals. Life Time Fitness designs and operates distinctive, multi-use sports, professional fitness, family recreation and spa/resort centers that help members lead healthy and active lives. As of August 25, 2010, the Company operated 90 centers in 19 states and 24 markets. Additional information about Life Time Fitness centers, programs and services is available at lifetimefitness.com.

For more information about the Chicago Triathlon, visit www.chicagotriathlon.com or follow on Twitter, www.twitter.com/chicagotri.

Source: Life Time Fitness, Inc.