

January 2, 2013



CORRECTING and REPLACING Americans Declare Their Commitment to Healthy Lives, Participate in Inaugural Commitment Day Events Across U.S. January 1

Saying "out with resolutions, in with commitments" Americans united at Commitment Day 5K walk/run events simultaneously in more than 25 cities

CHANHASSEN, Minn.--(BUSINESS WIRE)-- Please replace the release with the following corrected version due to multiple revisions.

The corrected release reads:

AMERICANS DECLARE THEIR COMMITMENT TO HEALTHY LIVES, PARTICIPATE IN INAUGURAL COMMITMENT DAY EVENTS ACROSS U.S. JANUARY 1

Saying "out with resolutions, in with commitments" Americans united at Commitment Day 5K walk/run events simultaneously in more than 25 cities

Tens of thousands of walkers and runners started off the New Year on the right foot today – literally. Participating in Commitment Day 5K walk/run events across more than 25 cities, individuals simultaneously declared their commitment to live healthy, active lives. The events also served as the launch of a year-round Commitment Day movement, urging all Americans to commit to healthy eating, exercise, personal responsibility, giving and a healthy planet. The movement, which was supported by dozens of Founding Charitable Partners, Founding Corporate Partners and Founding Ambassadors, was created by Life Time Fitness, Inc. (NYSE: LTM) – The Healthy Way of Life Company. January 1, 2013, marked the inaugural Commitment Day 5K event.

Commitment Day participants were encouraged to raise funds the Commitment Day Founding Charity Partner of their choice, including Special Olympics, MusiCares, Folds of Honor, Augie's Quest – MDA and the Life Time Foundation.

Supporting the launch of the movement were Founding Corporate Partners Best Buy, Blue365, Hosting, Intereum, Interline Brands, Japs-Olson, Life Fitness, Loffler, Matrix, SNAP, SPRI, Staples, Whole Foods and Woodway.

Also lending personal support were Commitment Day Founding Celebrity Ambassadors Eric Decker, Larysa Didio, Chris Freytag, Joel Harper, Sarah Haskins, Jerry Kill, Glen Mason, Glen and Alisha Perkins, Christian Ponder, Major Dan Rooney, Kelly Rowland, Ricky Rubio, Norwood Teague, Darrell Thompson and Mike Yeo.

Commitment Day events occurred simultaneously today in the following cities:

Atlanta	Detroit	Omaha
Austin	Houston	Phoenix
Boca Raton	Indianapolis	Raleigh
Chicago	Kansas City	Salt Lake City
Cincinnati	Las Vegas	San Antonio
Cleveland	Los Angeles	St. Louis
Columbus	Memphis	Tulsa
Dallas	Minneapolis	Washington D.C.
Denver	New York City	

Additional Commitment Day information, including event images, can be found by visiting www.lifetimetoolkit.com, using username CDMedia and password newyear.

[About Life Time Fitness, Inc.](#)

As The Healthy Way of Life Company, Life Time Fitness (NYSE: LTM) helps organizations, communities and individuals achieve their total health objectives, athletic aspirations and fitness goals by engaging in their areas of interest – or discovering new passions – both inside and outside of Life Time’s distinctive and large sports, professional fitness, family recreation and spa destinations, most of which operate 24 hours a day, seven days a week. The Company’s Healthy Way of Life approach enables customers to achieve this by providing the best programs, people and places of uncompromising quality and value. As of January 1, 2013, the Company operated 105 centers under the LIFE TIME FITNESS® and LIFE TIME ATHLETIC(SM) brands in the United States and Canada. Additional information about Life Time centers, programs and services is available at lifetimefitness.com.

Life Time

[Karen Jayne Greenwood](#), 952-229-7162

or

[Jason Thunstrom](#), 952-229-7435

Source: Life Time Fitness, Inc.