

July 23, 2010



## Company Profile for Life Time Fitness

Life Time Fitness, Inc. (NYSE: LTM) is a healthy way of life company based in Chanhassen, Minnesota. The Company is dedicated to providing programs and services that help its members connect and engage with their areas of interest, and achieve success with their health and fitness goals. Life Time Fitness designs and operates distinctive, multi-use sports, professional fitness, family recreation and spa/resort centers that help members lead healthy and active lives. As of July 26, 2010, the Company operated 89 centers in 19 states and 24 markets. Additional information about Life Time Fitness centers, programs and services is available at [lifetimefitness.com](http://lifetimefitness.com).

Company: Life Time Fitness

Headquarters Address: 2902 Corporate Place  
Chanhassen, MN 55317

Main Telephone: 952-947-0000

Website: [www.lifetimefitness.com](http://www.lifetimefitness.com)

Ticker: LTM(NYSE)

Type of Organization: Public

Industry: Fitness & Nutrition

Earnings Release Dates: 2nd Quarter: July 22, 2010

Key Executives: CEO: Bahram Akradi

Public Relations

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Source: Life Time Fitness, Inc.