



The

EXCHANGE

a blog by Edible Garden

HOLIDAY
perfection!

with Edible Garden's Living Herb Collection

EDIBLE GARDEN
SIMPLY LOCAL
SIMPLY FRESH

Basil • Sage • Thyme
Rosemary • Parsley

Welcome to **EDIBLE GARDEN!**

Edible Garden is a national brand grown by a Co-Op of local growers of fresh, hydroponic produce with a specialty in 'Living' produce, which assures consumers they are getting the freshest most nutrient dense produce on their supermarket shelves.

The Most Wonderful Time of the Year... All Year Long

Whether you are a fan of the cold or not, this is the most wonderful time of the year! Families come together to spend time with one another, exchange gifts and enjoy delicious meals together. As we discussed in the last issue, there's nothing like a great holiday meal right? Well maybe we can get that kind of quality meal all year long! Edible Garden provides a reliable, sustainable and consistent controlled growing environment. This allows us to provide you with the same level of high quality product 365 days a year!



Here at Edible Garden we have so many great products to choose from. That being said, we decided that it was only fair that each one of our products got a month entirely their own. A chance for that product to hog the spotlight.. Or in Edible Garden's case, the **Sunlight**. All issues of *The Exchange* received during that product's month will feature cool facts, recipes, creative ideas, and so much more about that particular product! So without further adieu.....

December's **EG Sunlight** Shines on... 

Rosemary



EG's **Sunlight** Recipe

Rosemary & Cranberry Appetizer Spread *Perfect for the holidays!*

Ingredients

1. 8 oz cream cheese, softened.
2. 1/2 teaspoon garlic powder.
3. 4 tablespoons dried sweetened cranberries.
4. 2 teaspoons chopped, fresh rosemary.
5. Salt & cracked pepper.



Follow EG on Pinterest!



Instructions

1. Place cream cheese into a bowl. Using a spoon, mix in all ingredients until well combined.
2. Serve with crackers or toasted baguette slices.
3. Enjoy!

Take a look at our holiday boards!

Giving Back

Picked **Fresh** From
The  Patch

EG Potted Rosemary

Edible Garden Rosemary is grown in a way that allows it to maintain maximum freshness. Because it is delivered so soon and in close proximity to where it was harvested, you are guaranteed a fresh, safe and delicious product!



Earlier this month, Edible Garden participated in the New York Produce Show in NYC! Over 400 companies attend the trade show. At the end of the show, City Harvest takes all of the samples from those companies and gives it to people in need. Edible Garden is honored to be a part of it!

Historically...



Rosemary was worn by brides at their wedding because it was a symbol of love, happiness and loyalty.

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Try it **FREE** today.

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