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Background

- Approximately **15–20%** of all breast cancers are HER2-positive.
- Associated with higher grade, faster growth, and increased likelihood of metastasis.
- HER2-targeted therapies have dramatically improved outcomes.
- Early stage HER2+*: ~**20–30%** of patients relapse within 10 years due to drug resistance.
- Metastatic HER2+*: Nearly **all** patients relapse.
- Critical need to understand resistance mechanisms for the development of novel therapeutic strategies to prevent recurrence.**

Materials and Methods

Stage IV HER2-positive metastatic breast cancer patients underwent liquid biopsy profiling. We applied digital pathology, global immune profiling, and flow cytometry to characterize biomarker expression and immune landscape features. Ex vivo drug screening with PI3K–mTOR inhibitors, including the brain-penetrant paxalisib, was performed to evaluate their effects on mesenchymal phenotypes, disruption of circulating tumor cell (CTC) clusters, and immune reinvigoration.

Results

1. CTC Clusters Enriched in Stage IV HER2+ Patients Despite Treatment Response

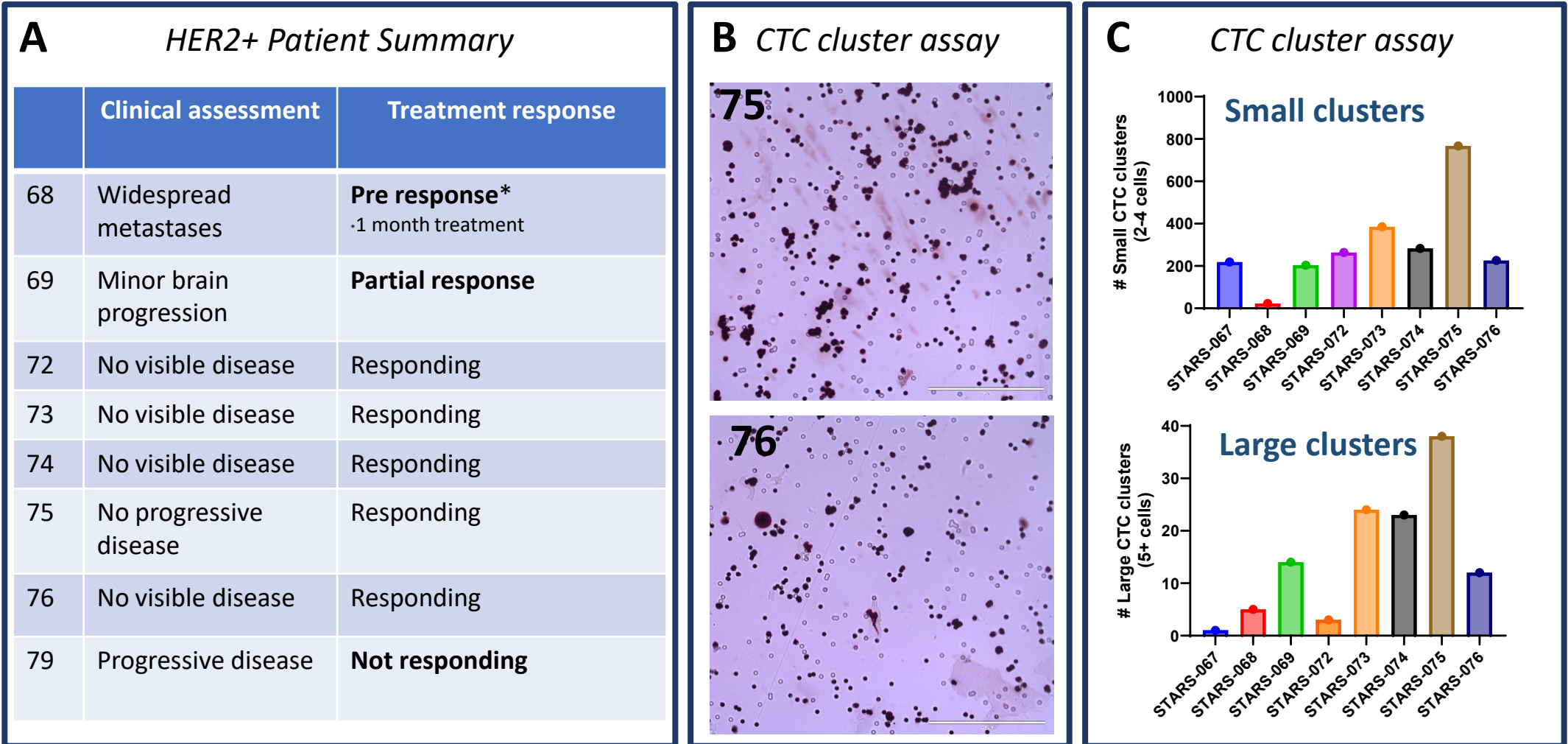
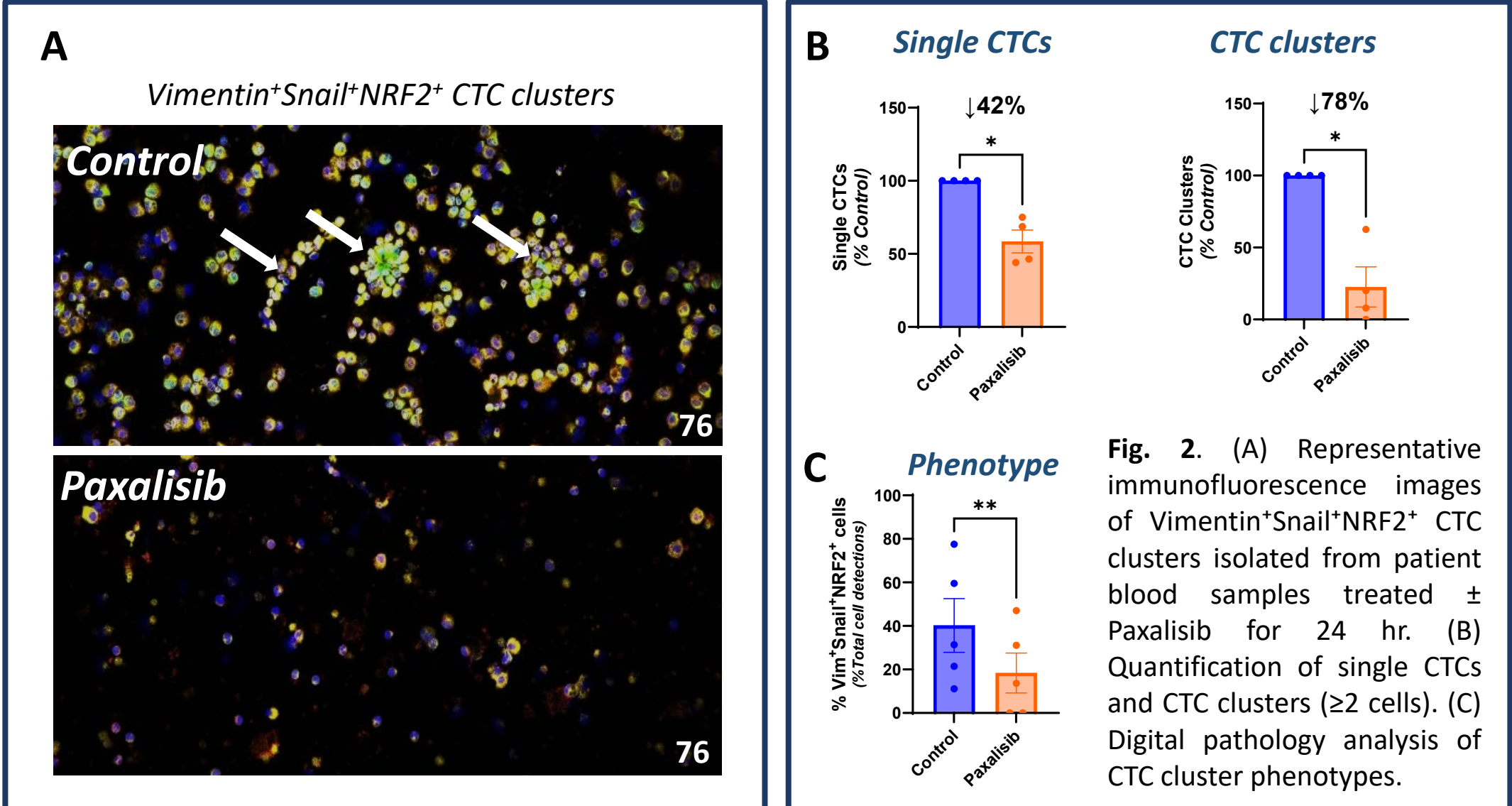


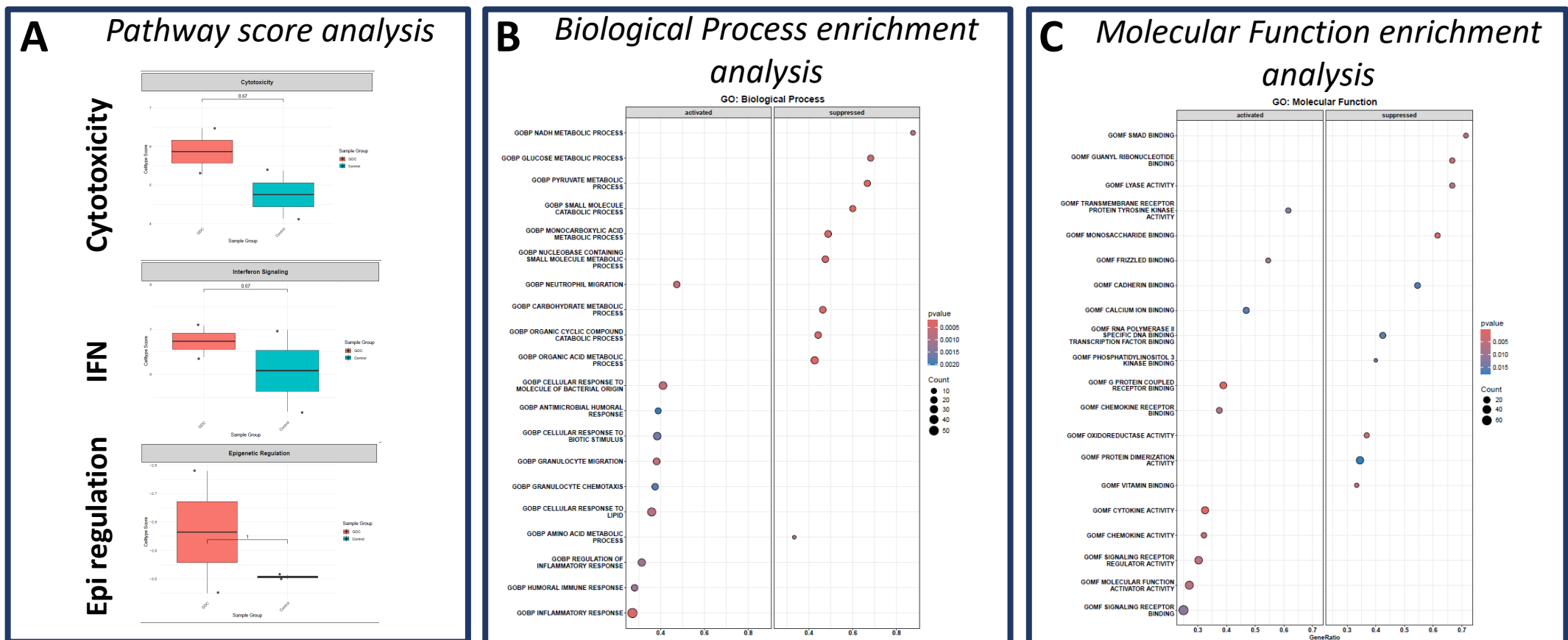
Fig. 1. (A) Clinical summary of HER2+ patients showing current treatment response status. (B) Representative Giemsa-stained images of CTC clusters isolated from patient blood samples. (C) Enumeration of CTC cluster subtypes, categorised as small (2–4 cells) and large (≥5 cells).

Results

2. Paxalisib disrupts highly aggressive Vim+Snail+NRF2+ CTC clusters



3. Paxalisib-Treated CTCs Activate Cytotoxic-Linked Pathways Supporting Increased Immune Interaction

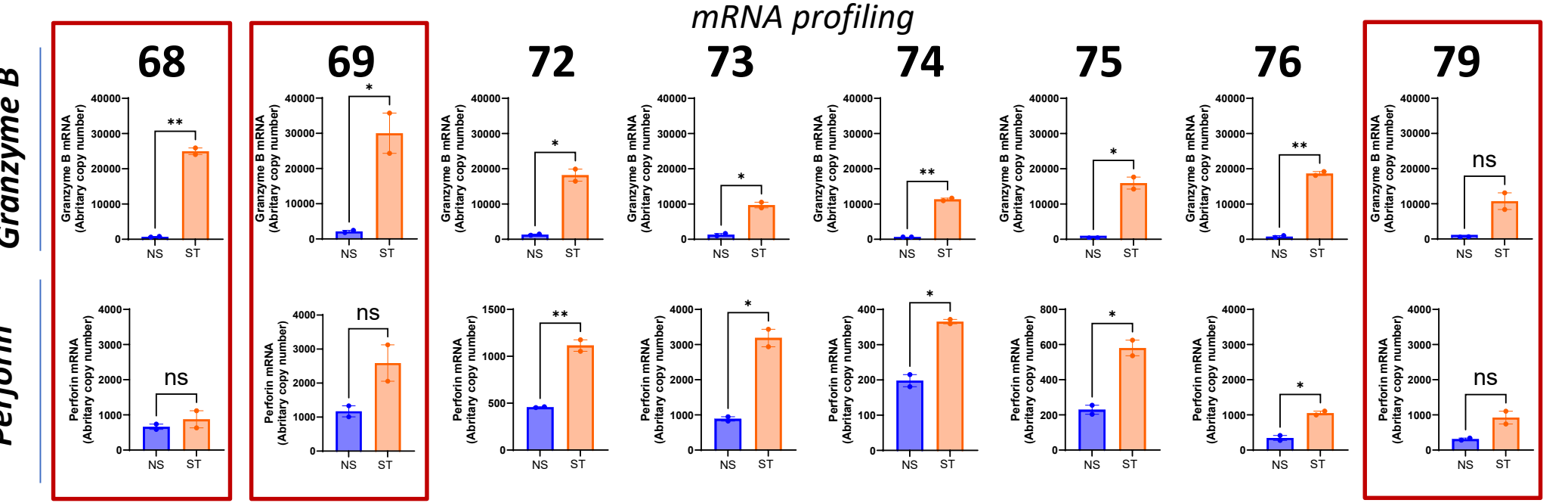


- Paxalisib induces cytotoxicity, IFN, chemokine/cytokine activity, inflammatory response and epigenetic regulation pathways.

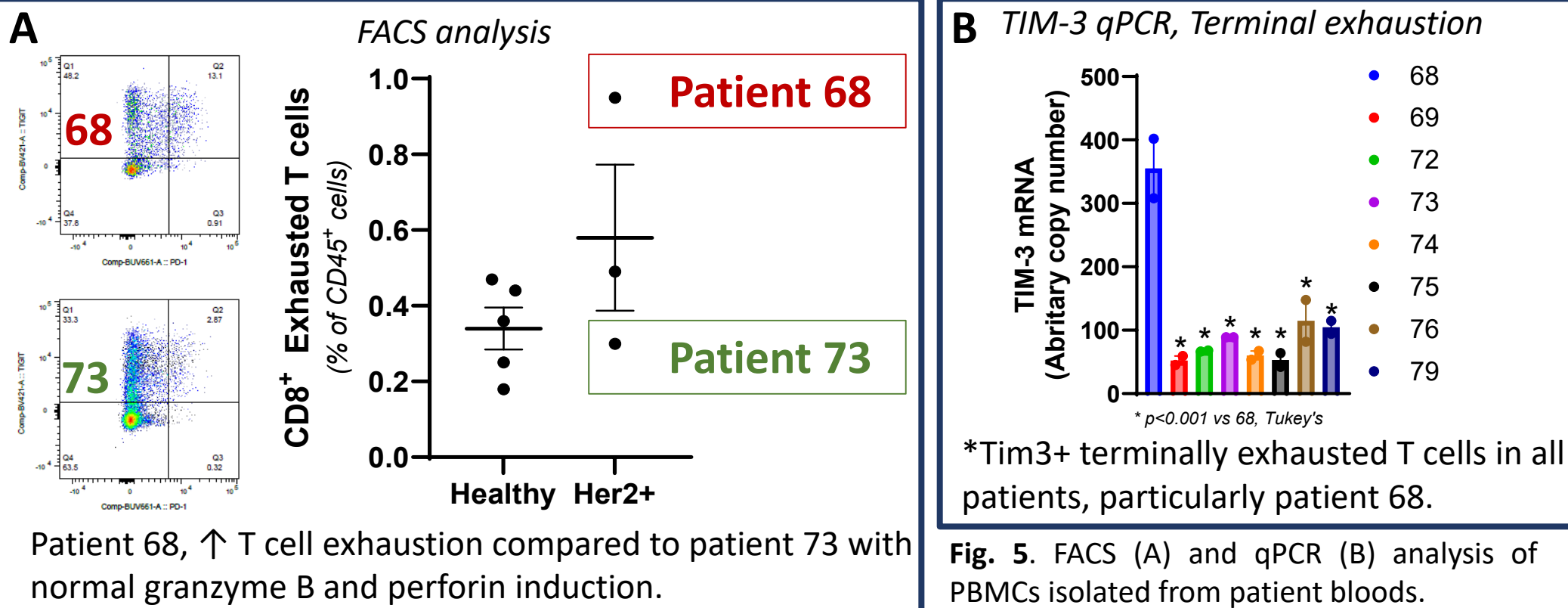
Fig. 3. (A–C) Nanostring RNA profiling of patient CTCs treated ± Paxalisib for 24 hr.

Results

4. Cytotoxic Dysfunction (Granzyme B/Perforin) Predicts Patient Treatment Response



5. Impaired Cytotoxicity Associated with Elevated T Cell Exhaustion



Conclusions

Despite clinical response, Stage IV HER2+ patients retain a substantial burden of highly aggressive CTC clusters (key mediators of metastatic spread), likely contributing to the high rate of recurrence. Patients with partial or no response exhibited cytotoxic dysfunction, characterized by reduced induction of Granzyme B and/or Perforin. These patients also demonstrated an expanded exhausted T cell population, consistent with impaired anti-tumour immunity. Importantly, treatment with the PI3K–mTOR inhibitor, paxalisib, disrupted the therapy resistant Vim+/Snail+/NRF2+ CTC clusters and activated cytotoxic-linked pathways, supporting enhanced immune engagement. These encouraging findings warrant further clinical investigation.

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