

Todd Wells and Sally Bingham Crowned Champions at Iconic 2014 Leadville 100 Mountain Bike Race on Saturday, Aug. 9

Challenging terrain and elevations no match for this year's winners

LEADVILLE, Colo.--(BUSINESS WIRE)-- Today nearly 2,000 riders from across the U.S. and around the world participated in the 21st Annual <u>Leadville 100 MTB</u>, presented by Herbalife24 and produced by <u>Life Time – The Healthy Way of Life Company</u> (NYSE:<u>LTM</u>). In the iconic event, participants rode more than 100 miles of challenging Colorado Rockies terrain at elevations ranging from 10,152 to 12,424 feet.

Following the 6:30 a.m. MST start, Durango, Colorado's own Todd Wells (United States) and Sally Bingham (Great Britain) emerged as the 2014 champions. In the male division, Wells crossed the finish in 6:16:26, followed 18 seconds behind by second place winner Christoph Sauser (Switzerland) who finished in 6:16:44. Kristian Hynek (Czech Republic) finished third in 6:22:47. In the female division, Sally Bingham (Great Britain) notched a back-to-back win after her 2013 victory and finished with a winning time of 7:23:57. Jennifer Smith from Gunnison, Colorado (USA) followed at 8:06:26 and Nina Baum from Albuquerque, New Mexico (USA) finished third with a time of 8:14:07.

The original ultra-distance mountain bike event, the Leadville Trail 100 launched in 1994 and has since attracted thousands of racers to the Colorado community.

"Year after year we are inspired and amazed by the determination and tenacity of all competitors in the Leadville 100 Mountain Bike Race," said Josh Colley, Leadville race director. "We congratulate Todd and Sally on their wins today and applaud all participants who crossed the finish line. No matter what time or goal was achieved today, everyone who was on the course is a champion and a great example to anyone striving to live a healthier way of life."

The 2014 Leadville Race Series concludes Saturday, Aug. 16 with nearly 850 participants running the Leadville Trail 100 Run, presented by New Balance. The legendary "Race Across the Sky" 100 mile run began 1983 and still draws thousands of participants to Leadville each year for a demanding 103-mile out-and-back course with total elevation range, or climb, of 17,000 feet.

For complete results visit <u>www.leadvilleraceseries.com</u>. For photos and more visit the Leadville Race Series <u>Facebook</u> page. To learn more about Life Time Athletic Events visit <u>EventsByLifetime.com</u>.

About the Leadville Race Series

Started with only 45 runners as the Leadville Trail 100 in 1983, the Leadville Race Series

now consists of seven running events and four mountain biking events, plus six events in the Leadville Qualifying Series. The Race Series stretches across three months, and hosts thousands of racers on foot and on mountain bike in some of the world's most iconic events. Endurance athletes worldwide now make the pilgrimage to Leadville, Colo., with the single goal of competing in "The Race Across the Sky." Visit www.leadvilleraceseries.com for more information.

About Life Time Fitness, Inc.

As The Healthy Way of Life Company, Life Time Fitness (NYSE:LTM) helps organizations, communities and individuals achieve their total health objectives, athletic aspirations and fitness goals by engaging in their areas of interest — or discovering new passions — both inside and outside of Life Time's distinctive and large sports, professional fitness, family recreation and spa destinations, most of which operate 24 hours a day, seven days a week. The Company's Healthy Way of Life approach enables customers to achieve this by providing the best programs, people and places of uncompromising quality and value. As of August 9, 2014, the Company operated 112 centers under the LIFE TIME FITNESS® and LIFE TIME ATHLETIC® brands in the United States and Canada. Additional information about Life Time centers, programs and services is available at lifetimefitness.com.

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