

December 20, 2010



Company Profile for Life Time Fitness, Inc.

Life Time Fitness, Inc. (NYSE: LTM) is the healthy way of life company based in Chanhassen, Minn. The Company is dedicated to providing programs and services that help its members connect and engage with their areas of interest, and achieve success with their health and fitness goals. Life Time designs and operates distinctive, multi-use sports, professional fitness, family recreation and spa/resort centers that help members lead healthy and active lives. As of December 2010, the Company operated 90 centers in 19 states and 24 markets. Additional information about Life Time centers, programs and services is available at lifetimefitness.com.

Company: Life Time Fitness, Inc.

Headquarters Address: 2902 Corporate Place
Chanhassen, MN 55317

Main Telephone: 952-947-0000

Website: www.lifetimefitness.com

Ticker: LTM(NYSE)

Type of Organization: Public

Industry: Fitness & Nutrition

Key Executives: CEO: Bahram Akradi

Executive Vice President, Operations: Jeff Zwiefel

CFO: Michael Robinson

Public Relations

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Source: Life Time Fitness, Inc.