

January 8, 2009



Old Dominion Freight Line's Fourth Quarter Conference Call On the Internet

THOMASVILLE, N.C., Jan. 8, 2009 (GLOBE NEWSWIRE) -- Old Dominion Freight Line, Inc. (Nasdaq:ODFL) announced today that it plans to release its 2008 fourth quarter and year-end financial results before opening of trading on Thursday, January 29, 2009. The Company will also hold a conference call to discuss its financial results and outlook at 10:00 a.m. (Eastern Time) on Thursday, January 29, 2009.

An online, real-time webcast of Old Dominion's quarterly conference call will be available online at www.odfl.com on January 29, 2009, at 10:00 a.m. (Eastern Time). The online replay will be available at approximately 1:00 p.m. (Eastern Time) and continue for 30 days. A telephone replay of the call will also be available through February 7, 2009, at 719-457-0820, Confirmation Number 3004857.

Old Dominion Freight Line, Inc. is a less-than-truckload multi-regional motor carrier providing one-to-five day service among six regions in the United States and next-day and second-day service within these regions. Through its four product groups, OD-Domestic, OD-Expedited, OD-Global and OD-Technology, the Company offers an array of innovative products and services that provide direct service to 48 states within the Southeast, Gulf Coast, Northeast, Midwest, Central and West regions of the country. In addition to domestic less-than-truckload services, the Company offers assembly and distribution services as well as container delivery services to and from all of North America, Central America, South America and the Far East. The Company also offers a broad range of expedited and logistical services for both its domestic and global markets.

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